



The Annals of Eplaheimr

Barony of Eplaheimr Vol. 2
Number 9, February 28th
special edition.



Largesse from Court of love.
From:
Lady Adela Chadwyke,
Viscountess Rogned
Steingrimovo

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Credits:

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Photos from event Tuatha doings from Barony of Eplaheimr Facebook page

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Photo of Dragon by chronicler

Song of the month <https://i.kym-cdn.com/photos/images/original/000/019/692/medieval2.jpg>

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Words from the Baron and Baroness:

We had Court of Love! And it was a huge amount of fun!

We had a great turnout for a one-day event. With wonderful support from our neighbours in Dun in Mara with at least 10 of them joining us for the day. And we were very proud to see over 35 people from inside Eplaheimr attending!

We had fencing, armoured combat, classes, live music, and epic food!

Great thanks must go to Lady Fianna our event steward who did an amazing job.

Lord Unegen also is deserving of thanks and great praise for both lunch and a fabulous tasty feast which left everyone well satisfied and in many cases barely able to move 😊

Lord Robert of Eplaheimr received the Hero's Portion at feast for his tireless and thoughtful efforts through the day and also before. Not only did he take on roles in advance of the event but he spotted the simple needs like water in the hall for the fighters, helped move thrones, set up banners and a host of other tasks and got them done. Robert Abú!

Thanks to all those who travelled to be with us, to all the teachers, everyone who helped set up and take down and those who organised activities, those who served as retinue and those who gave largesse in Court.

It is the culture of courtesy and helpfulness that makes this a society to be proud of, and so much fun.

Fianna Abú, Unegen Abú!

Drachenwald and Insulae Draconis Abú!

Etienne agus Melisende

Baron and Baroness of Eplaheimr

Some Photos from Court of love





News from the Seneschal:

Good day to all.

This year will see us having our first in person Investiture, the event will be held in Burren Outdoor Centre from Friday 30th June to Sunday 2nd July.

However before new Royals can ascend on the Barony thrones we will need to vote for our next Royalty. The voting will be taking place during the month of March.

The following people are standing up to be our next Royals:

- Viscountess Suzannah of York standing up as next Baroness of Eplaheimr
- Lady Adele de Chadwykke & Viscountess Rogned Stengrimova standing as next Baronesses of Eplaheimr
- Lady Fianna Rua Nic Mhathúna & Lord Robert of Eplaheimr Standing up as next Baroness and Baron of Eplaheimr

A good job has been done by Lord Robert to update the website, our officers will be displayed automatically according to the Regnum (registry of officers in Drachenwald), we do need to keep our Calendar updated with all practice and revels (The Calendar is displayed on the Website). As such the following form should be used to add events (upon approval the person adding the event is notified, so are the Chronicler and Seneschal).

I am pleased to say that we do have a good few Revels happening throughout the Barony, these smaller local events will be the most important for us to see the Barony growing. We have also set up a Fienta account for the barony so events can be added to let people pay online.

The barony does also need some more officers and deputies, so if you do want to help with the running of the barony do not hesitate to let us know at Seneschal.Eplaheimr@gmail.com

Is mise, le meas,

Lord Eplaheimr-Jin Unegen

Barony of Eplaheimr Seneschal



Meet the Nominees:



Good Morrow Good Cousins of the Barony of Eplaheimr.

My name is Viscountess Susannah of York, and I am seeking the position of Baroness of this wonderful barony of Eplaheimr.

I have been a member of first the shire, now our Barony for over 15 years. I have served in many positions in the Shire and was supportive of our journey to Barony. I served as Eplaheimr exchequer, Deputy seneschal and seneschal of the shire of Eplaheimr .

In the wider lands of our Kingdom, I was princialty Chatelaine and had the privilege of serving as the third princess of Insulae Draconis.

I have served many of the Royalty of both the principality and kingdom as chamberlain. And have also been called to be royal wrangler at events with royalties.

My most historic achievement was the founding of the College of Kinglake in the then Athlone Institute of Technology, along with the then student, Lady Fianna Rua Nic Mhathuna. Kinglake celebrated at least 11 years in existence, but with Covid and the change to university status put the group to sleep, but it will awaken again soon, I hope.

I started out in the SCA from a comment from the Lady Adele Chadwyke, who stated that she knew a place where I could wear my outfits from American Ren-fairs. When I first joined, I was a member of House Sparhawk and I have Baron Merlin Sparhawk to thank for my lessons in the workings of the Known World. I decided to branch out and start my own house, but then decided to become a wandering minstrel. I put together the Ragged Raglan players and we performed at Raglan castle for several years. I am proud to now be a member of House Slav and I thank Viscountess Rogned Sterngrimova for all her help putting together my Russ Viking garb.

Older members know that I am known as Susannah of the many consorts. (There is even a song, get me to sing it sometime). I have participated in many coronet and crown tourneys. I even was event steward for one Crown. I love to travel and after retirement, I have been in Drachenwald and Insulae Draconis, including a trip to Iceland while Princess. I know if I become Baroness, I would like to spread the word in the Known World about our fabulous Barony.

Arts and Science, I am a doer of many and a master of none. My favourite Art was dancing (before age and too many falling off horses put paid to certain dance steps) and bardic. I taught classes in Dance both for the SCA and Athlone Castle. As many of you can say, I am not shy in standing up and singing or telling a story.

I am the go between for the Barony and Athlone castle. We hosted a two-day Medieval fair at Athlone Castle for about 7 years until the dreaded plague put a stop to groups meeting. Since 2021 we have been participating in Heritage week with a podcast in 2020 a video with lady Máebh Roes Ineagh uí Chaoibh on food in 2021 and a Medieval marketplace in 2022. These can all be found on the Athlone castle web page.

There is so much more I could write about. The first Baronial nominations required a form to fill out. I include this updated at the end of this missive. I just want to say why I wish to serve you as Baroness. I want to showcase all the great talent of our Barony. I want to welcome new members and reward those who are nominated for awards by you the populous. I wish to serve.

Yours in Service,
Susannah



CV for Susannah of York

SCA Name Susannah of York (Sue Callaghan)

Area Barony of Eplaheimr and college of Kinges lake

Affiliation (Household, partner): House Slav

Tuatha Tir Chr

Awards (local; Kingdom):

Award of Arms	2009-01-05
Lindquistringes	2009-10-17
Order of Ffraid	2010-08-21
Viscountsy	2011-08-20
Patent of Arms	2011-08-20
Order of the Silver Martlet	2012-07-14
Dragon's Tear	2013-07-13
Order of the Sun and Chalice	2013-08-15
Order of Robin	2015-08-08
Order of the Fox	2016-04-30
The Tuatha de Charbahd Óir	Medieval Dead 2022

Position/s held.

Principality chatelaine

Eplaheimr exchequer

Eplaheimr seneschal

Deputy seneschal of Eplaheimr

2016: Chamberlain to their Royal highnesses Vitus and Isabel, reprising her role as chamberlain from their principality reign (2013)

Chamberlain to their highness Yannack and Sophie.

Worked on the principality committee for child protection and is currently involved in drafting a child protection policy for the future Barony.

Current keeper of principality regalia on the island of Ireland

Historic Achievement/Activities:

Founding member of College of King's Lake (a college group based at the college where she taught) - now a full status group. <http://loughdevnaree.org/Kingslake/> but currently asleep.

3rd Princess of Insulae Draconis, with Cernac the Inspired or commonly known as the Navigator. (Feb to Aug 2011)

Other Body of Work Information:

Commitment to children's activities and theatre, often together: I was the driving force behind the 'Ragged Raglan players', We performed together short productions at Raglan Castle e throughout the week -for both adults and children.

Storytelling at dinnertime at Raglan was popular with children and adults - if children didn't show up, the adults still want to hear a story.

Ran children's activities at Raglan in 2013, 2014, 2015

The Ragged Raglan players performed since 2010, 2011, 2012, 2013, 2015

2014 was a production of Midsummer's night dream.

Events

Event steward – Crown 2010
Event steward- Champions of lough Devnaree 2016, 2013
Event steward- Court of love -2014
Deputy event steward- Second Coronet tourney
Event steward for various Events in Eplaheimr.
Worked on Drachenwald 20th year celebrations.
Did feasts for COLD, Court of Love, Oстера Revels and Medieval Dead.

Classes;

History of puppetry Drachenwald 20th year.
Silk painting-Yuletide University/ Kingdom 2014 (?)
Silk painting- Raglan 2015
Paternoster- legends, history and construction- Fancroft mills JULY 1216
Yuletide University November 2016
Dance class- Pive Thrust Repost—2015
Talk on Medieval theatre: from altar to Market place- Kingdom University 2015
Movement class in Comedia del Arte Kingdom University 2016
Talk on Revenge tragedy Kingdom University 2017
Puppet making Kingdom university 2018
Various classes for the shire of Eplaheimr and Kingeslake in dance, mask decorating, silk painting, glass painting.

Demos:

Planned and took part in demos at Athlone Castle for the past 8years in 2019 hosted the Athlone castle demo and took part in the Clare-Galway demo resulting in a number of new members for Eplaheimr.

Letter of Intent:

To the Members of the Populous of Eplaheimr,
I intend standing as Baroness of the Barony of Eplaheimr in this election. I have almost 15 years' experience in our shire and have held many posts within the shire. Including Seneschal, exchequer, gold key holder, captain of archers and I served the wider principality as Princess. I believe that my experience as princess will be invaluable to the barony as baroness. I am widely travelled and known in many other shires within the principality and kingdom. Thank all for my nomination and I hope to serve the barony as I have served my shire.
Yours in Service,
Viscountess Susannah of York



**Lady Adele de Chadwykke &
Viscountess Rogned Stengrimova**

Letter of Intent

Let it be known that since stepping down as Princess of Insulae Draconis, Rogned has had respite and is ready to serve as your Baroness. And that since slaying a massive dragon, Her Ladyship Adele is ready to be your Baroness! Lady Adele de Chadwykke and Viscountess Rogned Stengrimova would be honoured to represent the Great Eplaheimr as their Baronesses!

Both Adele and Rogned have been in the SCA for decades (many, many, many...). They are both accomplished artisans and ladies who have given service to their cantons, shires, baronies, principalities, kingdoms and their royalty during those times. Rogned and Adele have experienced the highs and the lows, run events, found beds for those in need, fed the hungry, clothed the populace and Royalty, gave succour to those in times of hardship and distress, and keep the dream alive! You are invited to read their Curriculum Vitae for more detailed accounts. After organising, presenting, and leading the tough fight, Rogned brought the creation of the Barony of Eplaheimr to fruition. Adele and Rogned are strong leaders and would be honoured to represent the Barony as it continues to move from strength to strength!

We will be championing the making of garb, courtly love, heraldry, bardic arts, the martial arts (archery, armoured combat, and rapier!), continue to nurture the Irish culture through our heraldry and place names, as Gaeilge; and enrich your SCA experience. We feel it is important for us to travel and been seen throughout the Kingdom and the Knowne World sharing the values, beauty, and graces that Eplaheimr ensconces – showcasing your works throughout as the best of Eplaheimr!

Rogned Stengrimova



SCA - Curriculum Vitae

Awards

Year Award Region

1989 Award of Arms An Tir

1990 Jambe de Lion, Order of the (Kingdom A&S) An Tir

1998 King's Favour An Tir
 1998 Forget-me-not (Queen's favour) An Tir
 1999 King's Favour An Tir
 1999 Forget-me-not (Queen's favour) An Tir
 2000 Patent of Arms An Tir
 2000 Laurel, Order of the An Tir
 2000 Forget-me-not (Queen's favour) An Tir
 2016 Ffraid, Order of (Principality Service) Insulae Draconis
 2016 Silver Martlet, Order of the (Principality A&S) Insulae Draconis
 2017 Panache, Order of the (Kingdom A&S) Drachenwald
 2019 Lindqustrings, Orden des (Kingdom Service) Drachenwald
 2019 Order of DaVinci (Royal Artisan) Drachenwald
 2021 Tuatha de Charbhad Óir
 (Inaugural recipient - Baronial Service)
 Eplaheimr Barúnach
 Service:
 Clothier for:
 Year (s) Royal Region
 1986-1999 Duke Dak Ulfredson An Tir
 1989 HRM Tjorkill Kanne An Tir
 1998 & 1999 TRM Signy Oksendahl & Sven Gunnarsson An Tir
 2000 TRM Davin Steingrimsson & Groa An Tir
 2014 TRM Siridean & Jahanara Drachenwald
 2021-2022 TRH Siridean & Rogned Insulae Draconis
 Rogned Stengrimova (continued...)
 Positions/Offices held:
 Year(s) Office/Position Region
 1987-2000 Squire to Jarl Ulfred Drommfjeld An Tir
 2007-2008 Minister of Arts & Sciences Insulae Draconis
 2008 Head of House Rogned (Dom Rogneda) Insulae Draconis
 2009-2010 Minister of Arts & Sciences Glen Rathlin
 2011-2013 Seneschal Glen Rathlin
 2014-2021 Seneschal Eplaheimr
 2021 Seneschal Kingslake
 2018 Event Steward, Memorial Revel Eplaheimr
 2018-2019 Protector of Arts & Sciences Insulae Draconis
 2018-2019 Royal Artisan Drachenwald
 2017-2019 Marshal in Training – Archery, fencing, armoured combat Insulae Draconis
 2017-2019 Organised & applied for Barony of Eplaheimr from Shire Status Global/SCA Inc
 2020-2021 Princess of Insulae Draconis, Knyaginia Insulae Draconis Insulae Draconis
 Event work & other positions:

- 1987-1999: Armoured combatant
- 2014-2018 : Created, organised, and Event Stewarded the Althing
- 2000-present: Mentor in the Arts & Sciences, Cooking: Lunches with Cúchulainn – Court of Love, Breakfasts and Lunches cook at other events.
- Run Arts & Sciences competitions at regional, Principality, and Kingdom level.
- Organised & ran armoured combat fighting practices in Eplaheimr arranging for guests such as
 - o Duke Leif & his squires (Knight's Crossing), and
 - o Viscount Robert of Canterbury (Thamesreach).
- Heralded in English and as Gaeilge,
- Translation of script for awards into Irish,

- Lady in Waiting for many Queens in An Tir & Royalty of Drachenwald & Insulae Draconis.

Classes taught:

Embroidery (standard, Bayeux, Goldwork), Weaving (Warp-weighted loom, standard looms, Tablet – (basic and brocade)), Spinning (wool, and silk), Knitting, Nålbinding, Sewing, and Dressmaking.

Skills and Interests:

- ALL things textile (dressmaking/costuming, dying, spinning, weaving, beadwork, embroidery, nålbinding, felting, luceting...),
- woodworking,
- cooking/baking,
- Everything Rus (Russian), Norse, Irish; Irish language, Bronze age
- Music & art performance
- Organising and making things happen and succeed, Nurturing regions to strengthen and grow!
Leagfaidh tua bheag crann mór! (A small axe can fell a big tree)



Adele de Chadwykke

SCA - Curriculum Vitae

Awards

Year Award Region

2002 Award of Arms Lochac

2002 Pierced anvil, Order of (Baronial A&S) River Haven (Lochac)

2002 Bridged towers, Order of (Baronial Service) River Haven (Lochac)

2019 Silver Martlet, Order of the (Principality A&S) Insulae Draconis

2020 Order of DaVinci (current Kingdom Royal Artisan) Drachenwald

2021 Panache, Order of the (Kingdom A&S) Drachenwald

2022 Tuatha de Lunula (Barony A&S - Inaugural recipient) Eplaheimr Barúnach

Positions/Offices held:

Year(s) Office/Position Region

2003-2004 Minister of Arts & Sciences Eplaheimr

2005-6 Exchequer Eplaheimr

2018 Event Steward, Memorial Revel Eplaheimr

2019 to date Founder and sheriff of Tuatha de Octapas Airgid Eplaheimr

2020 Protector of Arts & Sciences Insulae Draconis

2020 Arts and Sciences champion of Lough Devnaree Lough Devnaree

2020 to date Royal Artisan Drachenwald

Event work & other positions:

- Run Arts & Sciences competitions at regional level.
- Judged arts and sciences competitions
- Organised and ran regular arts and sciences evenings from 2013 to date
- Lady in Waiting to Royalty of Insulae Draconis.
- General helper in kitchen at events.
- Event organiser for court of love 2019
- Assisted many members in garb making, patterning, design etc., at events and privately.

Classes taught:

- Cosmetics and perfumery in the middle ages
 - Stamping on fabric
 - Heraldic garb
- Skills and Interests:
- Costuming, embroidery, hat making.
 - Music & art performance
 - Welcoming newcomers and helping them get their garb made



**Lady Fianna Rua Nic Mhathúna
(Davina Mc Mahon)**

CV

Address: 15 St Ruth's Park, Athlone, Co. Westmeath, N37YH60, Republic of Ireland

Email: fiannaruasca@gmail.com

Tel. : +353 85 705 9221

Membership: 64, exp. April 2023

Offices Held:

Seneschal (founding), College of Kingeslake, 2009-11

Exchequer, College of Kingeslake, 2011-12

Reporting Marshal for Rapier, College of Kingeslake, 2010-16

Seneschal, Eplaheimr, 2012-13

MoAS, Eplaheimr, 2016-22

Deputy Herald

Deputy Chronicler

Deputy Webmaster (Social Media)

Marshallates:

Rapier Marshal, 2010-present

Archery Marshal, 2012-Present

Royal Retinue:

Chamberlain to Cernac and Susannah of Insulae Draconis

Herald-at-Large to any in need, including Etienne and Melisende

Other Roles & Accomplishments:

Scribe of Drachenwald Academy of Defense, 2014-17

Helped with naming & creating insignia for Baronial Awards, and name for the Order of Luna (Insulae Draconis award)

Teaching classes on Irish language pronunciations at several University events (when I don't misread time zones...)

Awards:

Award of Arms (DW), October 2009

Order of Ffraid (ID), March 2011

Order of the Fox (ID), August 2011

Orden des Lindqustringes (DW), November 2012

Order of the Silver Martlet (ID), November 2019

Tuatha dén Carbhad Óir (EP), February 2022

A&S Champion of Lough Devnaree, 2011

A&S Protector of Insulae Draconis, 2011

Events & Practices:

I have run numerous events, both weekend and one-day revels, since late 2009 – most notably, Insulae Draconis Coronet and University in November 2014, and Flaming Arrow in 2019 (on behalf of the Shire of Glen Rathlin). I have also taken on the role of Reservations Steward, Marshal-in-Charge, voice herald (for both Court and general announcements) archery and rapier marshal, breakfast cook, class teacher, and general event duties on multiple occasions since joining the Society. In 2013, I was the Rapier Marshal-in-Charge for Ffair Rhaglen. I was Reservations Steward for Tionól Barúnach Eplaheimr (Baronial Investiture) as well as Herald for Their Highnesses Insulae Draconis and Their Excellencies Eplaheimr. I have also ran and assisted marshalling both fencing and archery practices for the College of Kingslake, up until 2013 and 2017 respectively.

Interests:

Fencing and archery were my first loves within the Society. I am a keen-but-anxious scribe, having made and collaborated on a small number of scrolls for Insulae Draconis awards. I have also tried my hand at many fibre arts including spinning, tablet weaving, embroidery, garb-making, millinery, nalbinding, knitting, bobbin lace, and silk painting. My introduction to the Society was a side-step from the AIT Drama Society, so Bardic Arts are a favourite of mine – I have worked with Viscountess Susannah on numerous Ragged Raglan Players performances, enjoy singing, and wish I could play more than a few notes on any period instrument. For garb and other kit, I am a fan of thrifty options and am planning some video presentations on this subject. I am interested in but unskilled at woodworking, leatherworking, paper-making, jewellery-making (particularly involving glass bead-making and lost-wax casting), fabric printing, herbalism, and cosmetic making. I am interested in heraldry and will assist as much as I can with basic blazoning and Irish language-related queries. My home region is chock-full of period history and as such I am constantly finding new information to build a persona upon within a few kilometres from my family home. I am an unskilled cook but when needs must I am willing to try a period recipe and can always throw simple pancake breakfasts together

Lord Robert of Eplaheimr



(Robert O' Rourke)

CV

Address:

15 St Ruth's Park, Athlone, Co. Westmeath, N37YH60, Republic of Ireland

Email: roborourke@gmail.com

Tel. : +353 86 313 6176

Membership: 65, exp. April 2023

Offices Held:

Sheriff/Sirriam of Tuatha dé Tír Chroí (greater Athlone area), 2021-present

Exchequer of Eplaheimr, 2022- present

Awards:

Award of Arms, April 2017
Order of Ffraid, May 2019
Tuatha dén Carbhad Óir, February 2022

Events:

Event Steward, Medieval Dead 2022

Deputy Reservations Steward for Tionól Barúnach Eplaheimr (Baronial Investiture).

Technical Assistant, Tíonól Barúnach Eplaheimr (Camera panning and Breakout Room Moderation)

I have volunteered as pick-up driver for events including Insulae Draconis Coronet & University in November 2014, as well as kitchen assistance, feast server, Hall decoration, waste and recycling removal, shopping runs, general fetching-and-carrying, and event set-up and take-down at this event and many others since my first event in 2011. I also regularly assist my wife (Lady Fianna) in an unofficial and/or behind-the-scenes capacity when she is running events -particularly with IT-related tasks.

Interests: Primarily period gaming, archery, fencing, thrown weapons and a fan of the bardic arts. I have an interest in heavy armoured combat, brewing, a general interest in the decorative arts including calligraphy and illumination as well as metal working but have yet to delve deeply into these areas



Odo's Corner

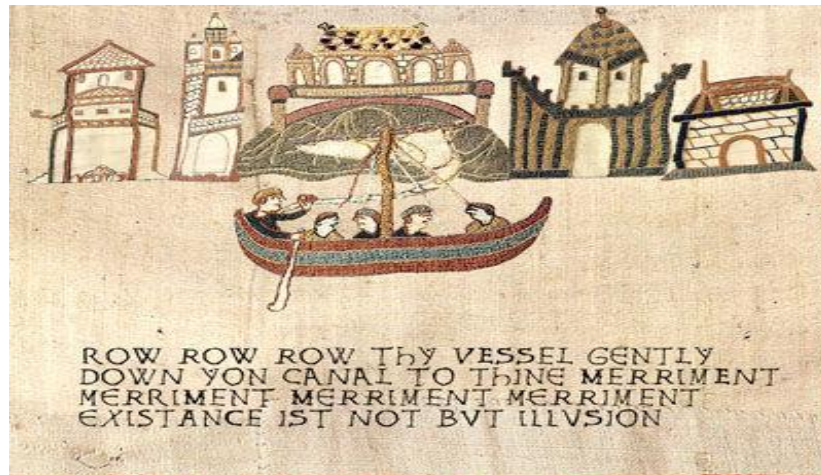
Fáilte sé Do Bheatha a dhriene Uasail,

Welcome good people. I see that there is much to do in the Barony this coming month. There is voting for the new Baron and or Baroness. A cultural visit to Limerick and an event 'Battle Colours.' I do like a good battle. But it is very hard to get the armour out of my teeth. I hear there was good food at the Court of love. I also like comely Maidens. Especially when they scratch my tummy. The jokes this week are very hard to answer and there will be a prize when my handler gets around to finding one.

Joke Corner

- 1 What do Medieval Post people wear?
- 2 What is the rains favorite reenactment in Medieval times?
- 3 King Arthur had a Knight who collected taxes. What was his name?

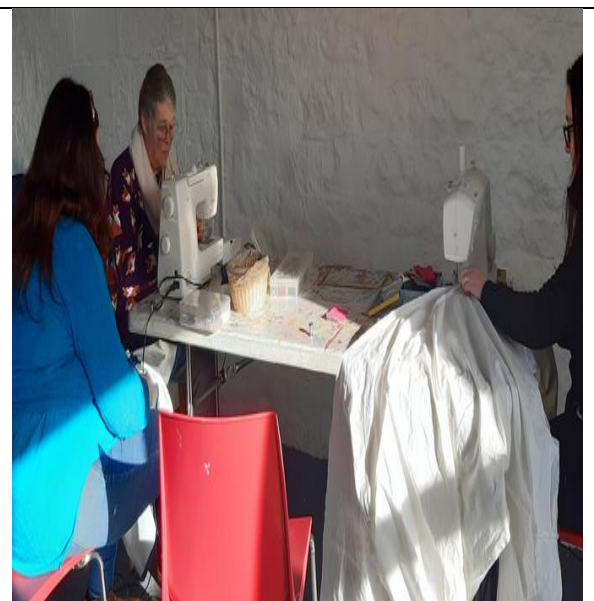
Song of the month:



Tuatha Doings



Tir Clroi Sewing day





Cluai Ori in Galway



Garb making. Fencing didn't happen, everyone wanted to make their garb.

Capal Uisce and Báila Cean an Tsionan



Arrow making and good food.





Coming events:

2023

March 5th - Limerick – Cultural day - Start 10am visit Hunt Museum and king John’s castle. Meet Unegen (Yann) at the Potato Market at 10. End 17:00.

March 25th Battle Colours :one day event in Clara Scout Centre. Start at 10 am finish 19:00
Potluck and A&S activities Armored combat, archery. Event steward Órliath Caomhánach

Officers of the Barony of Eplaheimr

Exchequer: Lord Robert of Eplaheimr (Robert O’ Rourke)

Chatelaine: Lord Culainn of St.Elmo’s fire (Ian Healy)

Seneschal: Lord Eplaheimr-jin Unegen(Yann Coussot)

Moas: lady Kitti of the Lake

Herald: Baron Merlin Sparhawk (John George)

Chronicler: Viscountess Susannah of York (Sue Callaghan) **Deputy :** Fianna Rua Nic Mhathúna (Davina McMahon- O’Rourke)

Knight Marshal: Lady Marina Claudia Alessandra de Grado (Marina Postir)

Our Officers can be reached by their title.eplaheimr@gmail.com

***Answers to Odo’s corner

1. [Chainmail](#)
2. [storming the castle](#)
3. [Sir Charge](#)