

# Annals of Eplaheimr

Official newsletter of the Barony of Eplaheimr



ASLVIX, Issue 15, November 2024

# NEWSLETTER

The Annals of Eplaheimr

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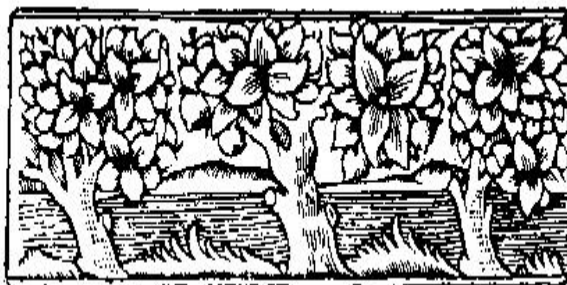
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# 12<sup>th</sup> night Coronation

## Booking up Fast!

Don't miss the chance to start your New SCA year with a great Party!

[Book Now!](#)





## From Their Excellencies



Unto the Good People of Eplaheimr

It is with great joy and pride that we Baronesses Adele and Rogned, write to commend the formation of the new canton of Cluain Our. This is a momentous occasion for our lands, and it fills our hearts to see the strength, dedication, and spirit of those who have brought this vision to life.

First and foremost, We offer our deepest gratitude and highest praise to Baron Etienne and Baroness Melisende, whose tireless work and steadfast leadership have guided the creation of this canton. Their efforts have ensured that our people may prosper in unity, and for that, they shall forever be held in the highest regard. The roots they have planted here will grow strong and bear the fruits of camaraderie and fellowship for years to come.

As we look to the future, we wish the greatest fortune upon those who now take up the mantle of running this fine canton. May you be guided by the same wisdom, diligence, and care that have brought us to this day. The future of this land is bright, and it is in your capable hands that it will flourish.

In these shortening days of autumn, it brings us great joy to celebrate the industrious work and fine activities that continue despite the encroaching darkness. The spirit of our people shines all the brighter, a beacon of warmth and fellowship amid the cooling winds.

We must also express our happiness at the news of our new Princess Agnes, who hails from the same noble islands as we do. To see one of our own ascend to such honor fills us all with pride and hope for a prosperous reign.

May your days ahead be filled with joy, prosperity, and the strength of the bonds we forge together. Onward, may our barony rise to even greater heights!

With honor and goodwill,

Rogned Stengrimova  
Banbharún

Adele de Chadwykke  
Banbharún



An interview-style feature

To launch this feature, we have our Barony's Liege Lady, the Princess of Insulae Draconis and Our very own Baroness Adele de Chadwykke



**Who:** Princess Agnes Boncuer of Insulae Draconis

**How long have you been in the SCA?**

About 12 years this November. In the early 2000s, my husband Máistir Aodh and I played for about a year, but back then we didn't stay for numerous reasons. This time, I think it's safe to say that we are here to stay.

**Do you have a preferred time period, and if so, why?**

When people ask me this, I usually say "generic SCA" because I'm very bad at settling at only one time period! I tend to float between the European 12th and the 14th centuries, although I love the Burgundian dresses of the 15th century. (See?) If I think about the Middle Ages, I think about the imagery of the 13th and 14th centuries, and in my head they have formed the ideal core of what we do. I am also attracted to the "Viking" including Finnish Iron Age and Kyivan Rus cultures, but so far I have managed to avoid rabbit-holing too badly.

**Any persona background or story?**

No - I tried, originally, but as per my inability to fully settle into one time period or culture, I haven't felt it necessary to come up with a persona story.

## What is your preferred activity in the SCA?

I love armoured fighting, as most people who have met me know. It's a very empowering activity which forces you to live in the moment and in your body - you cannot think about anything else when you are engaged in combat with your opponent, because any distraction means you will lose. Like any sport, it releases stress, increases confidence, and produces large amounts of happy hormones. Our code of ethics (courtesy, chivalry, fairness, welcoming, and, increasingly, inclusiveness) means that this activity goes beyond a simple sport and becomes more of a way of life. Also, it's community is second to none.



## What is your preferred A&S in the SCA?

This is another aspect of the SCA where I float. I enjoy many types of A&S but haven't settled on one thing that I feel would be "mine". I have learned to enjoy garbmaking although I'm not particularly good at it. I also like narrow wares: fingerloop braiding, luceting, card weaving, and so on. I would very much like to properly learn weaving one day.

## What keeps you coming back to the SCA?

I feel like the magic of the SCA is created by our community of passionate people bringing their skills and enthusiasm together, so all the elements become more than a sum of their parts. We see this the most when we are gathered at a camp or a period site, with low lighting of candles or campfire, and we're eating period food and laughing and singing together like humans have done for thousands of years. You sense it even at modern sites - that joy when we do the things we love and get together for shared meals.

### What special SCA object means the most to you?

It has to be my red squire's belt. It symbolises the bond between me and my Knight, and serves as a reminder of my ambitions and my ideals.

### What is your best SCA experience so far?

Honestly, it's impossible to pick just one. It's a string of moments, from interactions with different people to soaking in the atmosphere of an event, to an intense bout of combat at an exciting tournament, to sitting around a campfire and sharing stories.

## What is the SCA achievement so far that means the most to you?

I probably should say the Elevation to the Order of the Pelican in 2022, but I am really really proud of creating Strawberry Raid and stewarding it for its first three years. It was my dream to have a long camping event on the island of Ireland, and to be able to have it in a place as magical and welcoming as Sigginstown Castle is truly extraordinary. I'm very glad that people have found it enjoyable and return year after year, and I hope that it will keep going for a long time yet.

**Who:** Baroness Adele de Chadwykke, co-ruler of the Barony of Eplaheimr

**How long have you been in the SCA?**

I started playing in the Canton of Castellum Montanum in the Kingdom of Lochac, way way back in 2001. SCA in Australia is somewhat different to these islands, but I was delighted to find a friendly welcoming group in Eplaheimr when I returned in 2001

**Do you have a preferred time period, and if so, why?**

Italian renaissance for the clothes. I will always and forever love the fancy garb.

**Any persona background or story?**

I'm a travelling garb fan. I make any garb that catches my eye, so I've never been able to stick to a particular time period or persona.



**What is your preferred activity in the SCA?**

Making stuff, mostly garb, for myself and others. I dabble a bit in calligraphy, and illumination. I also love a bardic circle.



**What is your preferred A&S in the SCA?**

We're back to the fancy clothing again. Everything from embroidery to fabric printing.

**What keeps you coming back to the SCA?**

It's lovely to have a space away from mundane life. Being away from screens, dressed up in different clothing, eating different food, gives a great reset from ordinary life. Seeing the work that people do, the things that they create, is always an inspiration for me in my own craft work.

**What special SCA object means the most to you?**

Probably my red velvet Florentine gown. I always wanted a red velvet dress, so I made this the biggest, reddest, velvetiest dress that I could. Huge sleeves, lots of fabric. It's fun to wear and I've made many good memories wearing it.

**What is your best SCA experience so far?**

Being crowned baroness, alongside my good friend Baroness Rogned

**What is the SCA achievement so far that means the most to you?**

Being given the honour of representing the barony as one of its Baronesses.

# This month in History

**694** - Visigothic King Egica of Hispania at the Seventeenth Council of Toledo, decrees that Jews will be deprived of their property

**1380** – Edmund Mortimer 6<sup>th</sup> Earl of Ulster, holds a parliament in Dublin which confirms the [statutes of Kilkenny](#)

**1429** – Joan of Arc and Charles d'Albret besiege and liberate the town of Saint-Pierre-le-Moûtier

**1477** – William Caxton prints the first book in the English language: *The Dictes and Sayengis of the Phylosophers*

**1492** - Ensisheim Meteorite strikes a wheat field near the village of Ensisheim in Alsace, France. Oldest meteorite with a known date of impact.

**1507** - First named reference to royal trumpeter John Blanke, the first black person whose image survives from Tudor England, in payment for services by Henry VII

**1519** – Cortes invades and conquers Mexico

**1520** – Height of the Stockholm Bloodbath - King Christian II of Denmark, Norway and Sweden executes Swedish nobles.

Source: [onthisday.com](http://onthisday.com)



## THL Órlaith Chaomhánach:

THL Órlaith has stepped up as A&S Minister for Insulae Draconis. She is also the current CIC Chairperson

Cluain Oir has been granted official Canton Status and the change has been read into ID and Kingdom Court. It is now the first Canton in the Barony of Eplaheimr.



The following members of the Barony were successful in their endeavours at Champions of Lough Devnaree:  
Lord Kier of Eplaheimr is now Lough Devnaree Archery Champion  
Isobel Fevre is now Youth A&S Champion.

**Abú!**



# What's On

## Cluain Oir Activity Day

Saturday 9<sup>th</sup> November  
St. Nicholas Parochial School, Galway City

Another fun day of crafting and fighting! There will be music and fencing and other fun Medieval activities. Newcomers are free, non-members must pre-book by noon Wednesday 6<sup>th</sup>. Members can show up on the day.

[Info & Booking](#)

## Hastiltudes: Hibernia (Dun in Mara)

15<sup>th</sup> - 17<sup>th</sup> November  
Clara Scout Den

A weekend of Armoured Combat: training, pick-ups, talks and lessons. Meal plan is available as an option and accommodation is crash-space. Pre-booking is necessary.

[Info & Booking](#)

## 12<sup>th</sup> Night Coronation - Corónú Nollaig na mBan

10<sup>th</sup> - 12<sup>th</sup> January 2025  
Petersburg Outdoor Education Centre, Co. Galway.  
More information coming down the line!

A sumptuous, joyous celebration of a New Year and a New Reign! Coronation is being hosted by Eplaheimr in conjunction and with the support of Cluain Oir. There will be games, a tavern, Feasting, Tournaments, Courts and pageantry and a thorough celebration of the succession of the Kingdom.

Taking cue from Irish tradition, the event will be lightly themed for women – in history, in the SCA. Spruce up that garb, freshen your banners and come and join in the fun!

Fully catered weekend, click button below to see prices, travel options, site info etc.

[Info & Booking](#)



# Blogs and



A selection of  
Blogs and Vlogs  
from Eplaheimr  
and around the  
Knowne World.

# This Issue's Theme: Music & Dance

## **Renaissance Dance**

Youtube playlist of Dance instruction videos from Baroness Lynne Fairchild  
[Youtube Playlist Link](#)

## **A Collection of Dances**

A document you can download and print with dance notations courtesy of Baron Lorenzo Petrucci OL  
[A pdf download of Dance Instructions](#)

## **Dance Database**

Searchable Database of period dances again from Baron Lorenzo Petrucci OL  
<http://www.rendancedb.org/#/>

## **SCA Dance Homepage**

Collected dance sources and manuscripts by Master Gregory Blount  
<https://www.pbm.com/~lindahl/dance.html>

## **Minstrels Homepage**

Collected music sources and manuscripts by Master Gregory Blount  
<https://www.pbm.com/~lindahl/minstrel.html>

## **Dates for Your Diary**

**3<sup>rd</sup> December** - Final Baronial Meeting for 2024 - 8pm

**7<sup>th</sup> January** - First Baronial Meeting for 2025 - 8pm

**8<sup>th</sup> January** - deadline to book for 12<sup>th</sup> night Coronation

# Baronial



# Directory

## Barony

Baroness Rogned Stengrimova – [baron.eplaheimr@gmail.com](mailto:baron.eplaheimr@gmail.com)

Baroness Adele de Chaddwyke – [baroness.eplaheimr@gmail.com](mailto:baroness.eplaheimr@gmail.com)

Seneschal (Chairperson) – THL Eplaheimr-Jin Ünegen – [seneschal.eplaheimr@gmail.com](mailto:seneschal.eplaheimr@gmail.com)

Exchequer (Treasurer) – Lord Robaird of Eplaheimr – [exchequer.eplaheimr@gmail.com](mailto:exchequer.eplaheimr@gmail.com)

MoAS (Arts & Sciences) – Lady Kytte of the Lake – [eplaheimr.moas@gmail.com](mailto:eplaheimr.moas@gmail.com)

Chronicler (Newsletter) – Baroness Melisende Fitzwalter – [chronicler.eplaheimr@gmail.com](mailto:chronicler.eplaheimr@gmail.com)

Marshal (Combar activities) – Lady Marina de Grado – [knightmarshal.eplaheimr@gmail.com](mailto:knightmarshal.eplaheimr@gmail.com)

Uisneach Herald (Voice Heraldry) – Lady Fianna Rua nic Mhathúna [fiannarusca@gmail.com](mailto:fiannarusca@gmail.com)

Cruachán Herald (Book Heraldry) – Lord Nemet Arpad [graylion@sm-wg.net](mailto:graylion@sm-wg.net)

## Tuatha

Canton of Cluain Óir (Galway City & County)

Sheriff: Lord David the Armourer – [davidheneghan2@gmail.com](mailto:davidheneghan2@gmail.com)

Báile Ceann an-tSionnan (Limerick)

Sheriff: THL Ünegen – [coussotyann@gmail.com](mailto:coussotyann@gmail.com)

Capall Uisce (Dromineer & North Tipperary)

Sheriff: Lady Marina de Grado – [marinapostir@gmail.com](mailto:marinapostir@gmail.com)

Tir Chroi (Athlone and surrounds)

Sheriff: Lord Robaird of Eplaheimr – [roborourke@gmail.com](mailto:roborourke@gmail.com)

Eiscir Airgead (Clara and surrounds)

Sheriff: Lady Alice de la Wode – [sheriffeiscirairgead@gmail.com](mailto:sheriffeiscirairgead@gmail.com)

Name TBC (Longford Town and surrounds)

Sheriff: Lord Aodhán de Pairc – [aodhanhudson@gmail.com](mailto:aodhanhudson@gmail.com)

